

new crop! gala event!

PRSR7 STD
US POSTAGE PAID
SPOKANE, WA
PERMIT NO. 81
ECRWSS
RESIDENTIAL CUSTOMER



Northwest Grown!

**New Crop
Gala Apples**

66¢
lb.

\$1.48
Ea.

Cinnamon Sugar, Glazed,
Plain or Powdered Sugar

Bakery Fresh!

**Assorted Cake
Donut Holes**

18 oz. Package



Deli Fresh!
Hot & Ready to Enjoy!

**Whole
Roasted
Chicken**

\$4.88
Ea.

99¢
lb.

**Norbest
Bone In Frozen
Turkey Breast**

4-6 lb.



COUPON



PLU#
5982

**Pasta Roni or
Rice A Roni**

3.8-7.2 oz., Selected Varieties
Your Choice, Mix or Match
First 5 Total Per Family Please
with Coupon

77¢
Ea.

Coupon
expires
9/14/10



This coupon must be presented at time of purchase. One offer per coupon. One coupon per customer. Valid 9/8/10 - 9/14/10. Cash value 1/10 cent.

COUPON



PLU#
5983

**Banquet Frozen
Dinners**

5.75-10.25 oz., Selected Varieties
Your Choice, Mix or Match
First 10 Total Per Family Please
with Coupon

87¢
Ea.

Coupon
expires
9/14/10



This coupon must be presented at time of purchase. One offer per coupon. One coupon per customer. Valid 9/8/10 - 9/14/10. Cash value 1/10 cent.



great prices, everyday!
~ it's that simple ~

Visit us online at tradingcostores.com

No sales to dealers. We reserve the right to limit quantities. Not responsible for typographical errors. Some advertised items may not be available due to circumstances beyond our control.

Prices Good 9/8/10 - 9/14/10



Whole or Sliced Mushrooms
8 oz., Mix or Match

2 for \$3

Large Slicing Cucumbers
Washington Grown

33¢ Ea.

Fresh Broccoli Crowns or Snow White Cauliflower

87¢ lb.

Red, Ripe Tomatoes on the Vine

88¢ lb.



Fresh Wild Alaskan Keta Salmon Fillets
Subject to Availability

\$4.97 lb.

Northwest Grown Jumbo Pack Thighs or Drumsticks

\$1.19 lb.

100% Natural Fresh Pork Steak

\$1.77 lb.



Boneless Beef Bottom Round Roast
USDA Choice

\$2.67 lb.



Baked Fresh! Old Fashioned Banana Bread
16 oz. Loaf

\$1.28 Ea.



Baked Fresh! Chocolate Chip Cookies
36 ct.

\$2.88 Ea.



Deli Fresh! Cheddar Macaroni, Macaroni & Shrimp, Rotini Artichoke or Rotini Mushroom Salad

\$2.48 lb.



Tribe Origins All Natural Hummus
11 oz., Selected Varieties

\$2.48 Ea.



Hershey's, M&M or Nestle Fun Size Candy Bars
9.34-12.5 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$5



Crisco Pure Vegetable or Canola Oil
48 oz., Your Choice

\$2.66 Ea.



Milk Chocolate, Semi Sweet or Peanut Butter Western Family Baking Chips
10-12 oz., Your Choice

\$1.77 Ea.



Ragu Pasta Sauce
16-26 oz., Selected Varieties
Your Choice

\$1.88 Ea.



Reser's Chip Dips
8 oz., Selected Varieties
Your Choice

78¢ Ea.



Eggo Waffles or Pancakes
10.75-16.4 oz., Selected Varieties
Your Choice, Mix or Match

2 for \$3



Western Family Chilled Orange Juice
64 oz., Selected Varieties
Your Choice

\$1.98 Ea.



Small Curd or Low Fat Western Family Cottage Cheese
24 oz.

\$1.98 Ea.



Compare to Tylenol Western Family Acetaminophen X-Strength Capsules
50 ct., Your Choice

FREE! Buy One, Get One



Western Family Mouth Rinse
33.8 oz., Selected Varieties
Your Choice

FREE! Buy One, Get One



Atta Cat Cuisine Dry Cat Food
16 lb.

\$7.87 Ea.



Bleach or Low Sud Western Family Basic Laundry Detergent
30 lb., Your Choice

\$6.98 Ea.



Spokane Valley
13014 E. Sprague
509.928.9122
Store hours: 6 am - 11 pm

Latah Creek
4235 S. Cheney-Spokane Rd.
509.838.1198
Store hours: 6 am - 11 pm

Post Falls
1501 E. Seltice Way
208.773.3383
Store hours: 6 am - 11 pm

Cheney
4 Cheney-Spokane Rd.
509.235.6310
Store hours: 6 am - 11 pm

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